



# Healthy News!

*May 2022*

## *Valuable Information for Small Business Owners*

Running a small business can be a huge challenge - but making sure your employees have comprehensive health insurance coverage doesn't have to be. You can organize your own company health plan in a few hours through beWellnm for Small Business.

## Individual and Family Coverage

### **Celebrate Women's Health Week! Help Your Female Employees Get Insured**



National Women's Health Week kicked off yesterday, Mother's Day, as a reminder to women to make their health a priority. However, lack of insurance inhibits many female New Mexicans from getting the care that they need for optimal wellness.

Regular "well-woman" checkups with a primary care physician, coupled with screenings that check for risk factors for chronic conditions and early signs of disease, are critical to helping women achieve better health and longer life. [BeWellnm](#) is here to help make health and wellness accessible to all women in New Mexico through both individual plans and through small business health care coverage that fits your company's budget and your employees' needs.

Preventive care, maternity and newborn care, medications, and health

screenings are just a few of the 10 essential benefits that come with every health plan offered through beWellnm. The full list is as follows:

1. Ambulatory patient services
2. Emergency services
3. Hospitalization
4. Maternity and newborn care
5. Mental health and substance use disorder services, including behavioral health treatment
6. Prescription drugs
7. Rehabilitative and habilitative services and devices
8. Laboratory services
9. Preventive and wellness services and chronic disease management
10. Pediatric services, including oral and vision care

For anyone needing assistance with enrollment, the beWellnm team of certified enrollment counselors, agents, and brokers are free and available for appointments at (833) 862-3935, or online at [beWellnm.com](https://beWellnm.com).

## Small Business Health Insurance Options

### Exercise Your Options! Enroll in a Group Plan Today

Small business owners can start a group health plan any time throughout the year, making it even easier for female employees to ensure they have access to coverage that meets their unique needs. By offering small business insurance, you can help us reduce the number of uninsured New Mexicans and make all of our communities healthier places to live, work, and play.

#### Need additional help?

If you have questions about beWellnm for Small Business and how we can help you, please call us at 1-833-862-3935 Option #3.



### Reminder: Help Available for Residents at Lower End of Income Scale

BeWellnm has launched a new special enrollment period (SEP) that provides qualified New Mexicans an opportunity to enroll in coverage. The new SEP enables state residents with **household incomes below 200%** of the federal poverty level and who aren't eligible for Medicaid or the Children's Health Insurance Program to enroll in a health insurance plan through beWellnm at any time of the year.

Click [here](#) to learn more, and please share this vital information with your employees.



**Stay informed, and stay up to date!**

**Sign up for our newsletters at [beWellnm.com](https://beWellnm.com).**

**Like us and follow us on our social media platforms for the latest information.**

**Don't forget to share our information!**

**Contact us at 1-833-ToBeWell (1-833-862-3935) ,or follow us on all of our social media platforms linked below!**

---

**beWellnm | [beWellnm.com](https://beWellnm.com)**

