



Healthy News!

May 2022

Valuable Information for Community Organization Partners

BeWellnm's goal is to get every New Mexican insured.
As a valued community partner, you can help.

Together we can get New Mexico insured!

beWellnm for Individuals & Families

Celebrate Women's Health Week! Help Get More Female New Mexicans Insured



National Women's Health Week kicked off yesterday, Mother's Day, as a reminder to women to make their health a priority for the sake of themselves and their families. However, lack of insurance inhibits many female New Mexicans from getting the care they need for optimal wellness.

Regular "well-woman" checkups with a primary care physician, coupled with screenings that check for risk factors for chronic conditions and early signs of disease, are critical to helping women achieve better health and longer life. [BeWellnm](#) is here to help make health and wellness accessible to all women in New Mexico.

Preventive care, maternity and newborn care, medications, and health screenings are just a few of the 10 essential benefits that come with every health plan offered through beWellnm. The full list is as follows:

1. Ambulatory patient services
2. Emergency services
3. Hospitalization
4. Maternity and newborn care
5. Mental health and substance use disorder services, including behavioral health treatment
6. Prescription drugs
7. Rehabilitative and habilitative services and devices
8. Laboratory services
9. Preventive and wellness services and chronic disease management
10. Pediatric services, including oral and vision care

For anyone needing assistance with enrollment, the beWellnm team of certified enrollment counselors, agents, and brokers are free and available for appointments at (833) 862-3935, or online at beWellnm.com.

**Reminder:
Help Now Available for Residents
at Lower End of Income Scale**



BeWellnm has launched a new special enrollment period (SEP) that provides qualified New Mexicans an opportunity to enroll in coverage. The new SEP enables state residents with **household incomes below 200%** of the federal poverty level and who aren't eligible for Medicaid or the Children's Health Insurance Program to enroll in a health insurance plan through beWellnm at any time of the year. Click [here](#) to learn more, and please share this important information throughout your network.

Stay informed, and stay up to date!

Sign up for our newsletters at beWellnm.com.

Like us and follow us on our social media platforms for the latest information.

Don't forget to share our information!

Contact us at 1-833-ToBeWell (1-833-862-3935), or follow us on all of our social media platforms linked below!

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