



Healthy News!

March 2022

Valuable Information for Community Organization Partners

BeWellnm's goal is to get every New Mexican insured.
As a valued community partner, you can help.

Together we can get New Mexico insured!

beWellnm for Individuals & Families

Native Americans Can Start a Plan Any Time



While the majority of Marketplace-eligible New Mexico residents must sign up for health insurance plans through beWellnm during the annual fall/winter Open Enrollment Period, there are some exceptions. Individuals and families that are Native American are among those groups, but they may be unaware. The following Q&A provides important details we hope you'll help us share among your network and with our Native American community:

Q: When can Native Americans enroll in a plan through beWellnm?

A: Native Americans can enroll at any time [here](#). They can also change plans as often as once a month.

Q: How much will it cost?

A: While Native Americans are not exempt from paying monthly premiums for a health insurance plan purchased through beWellnm, they may qualify, like all Americans, for tax credits that lower premiums, depending on their income.

In some cases, they won't have to pay any out-of-pocket costs -- like deductibles, co-payments, and coinsurance -- when they get care. Any Native American who obtains services from an Indian Health Care Provider will not have any out-of-pocket costs like co-payments, coinsurance, or deductibles, regardless of income. For more cost details, just click [here](#).

Q: Why should Native Americans have health insurance through beWellnm even if they have health care through Indian Health Services?

A: When you purchase health insurance coverage through beWellnm you can get services such as doctor visits, prescriptions, emergency room care, emergency services out-of-state or even outside of an Indian Health Services service area. Additional services that are not covered through IHS but can be through a health care policy include acupuncture and chiropractic care. Individuals who have a plan through beWellnm may also continue to receive services through the IHS, Tribal health providers, or urban Indian health centers. For an at-a-glance comparison of services covered by IHS vs. a qualified health plan, take a look at [this](#).

Need Help Getting Started?

For free help with enrolling, a Native American enrollment counselor is available by emailing nativeamerican@nmhix.com, by scheduling a virtual appointment at 1-833-ToBeWell (862-3935), or visiting beWellnm.com.

Stay informed, and stay up to date!

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Don't forget to share our information!

Contact us at 1-833-ToBeWell (1-833-862-3935), or follow us on all of our social media platforms linked below!

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