

Serving New Mexicans

The **NM Human Services Department (HSD)** runs programs that help more than 800,000 New Mexicans.

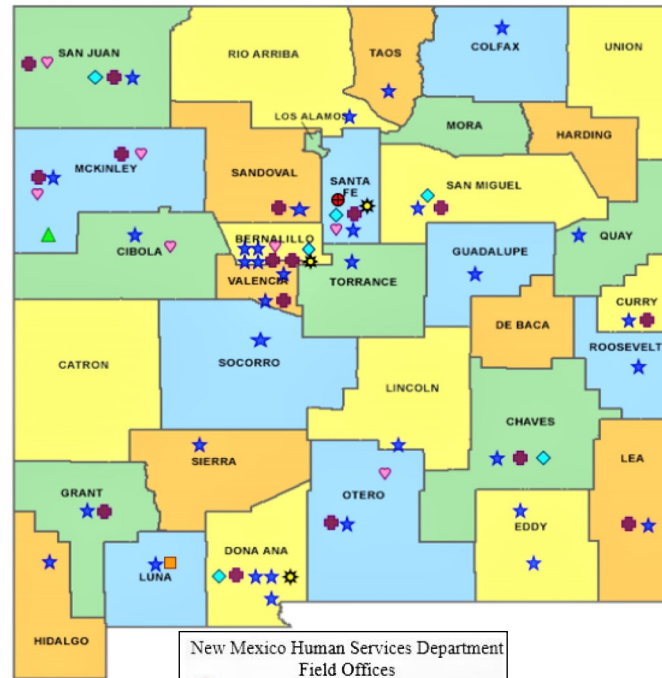


HSD programs include child support services and food, cash, energy and medical assistance. Medical assistance includes physical health, behavioral health and substance abuse services.

HSD uses a few things to see who can get help. These are family size, income, residency, and other factors.



Apply for all HSD programs online. Or do it in person at a local office. You can also apply by mail or fax.



- New Mexico Human Services Department
Field Offices
- Central Office (1)
 - ★ Income Support Division County Office (35)
 - ▲ Income Support Division Satellite Office (2)
 - Child Support Enforcement Regional Office (16)
 - Child Support Enforcement Satellite Office (1)
 - ◆ Quality Control Office (8)
 - ♥ Indian Health Services (7)
 - ☀ Hospital Site (3)



1-800-283-4465

Programs and Services



Transforming Lives

www.hsd.state.nm.us

New Mexico Human Services Department Programs

Food Assistance Programs

The **Supplemental Nutrition Assistance Program (SNAP)** is the largest food-aid program in the United States. It helps families buy food. It can be used in many places where they already shop. Those who get SNAP will get a dollar amount to spend each month. To use SNAP, they will get an Electronic Benefit Transfer (EBT) card to buy food.



The **Commodity Supplemental Food Program** gives out boxes of food to eligible New Mexicans age 60 and older. There are five regional centers and 116 tailgate sites around the state.

The **Emergency Food Assistance Program** gives out boxes of food. It is for income and program eligible New Mexicans. Five food banks in the state contract with local groups. These groups give out the food.



This institution is an equal opportunity provider.

Energy Assistance Program

The **Low-income Home Energy Assistance Program (LiHEAP)** helps with heating and utility costs. This includes help paying for gas, electricity, and propane. It also helps buy bulk fuel like wood and pellets. LiHEAP can be used year-round. You can apply once per year. Apply between October 1 through September 30.



Medical Assistance Programs

Medicaid is no-cost health insurance for eligible individuals. It pays for doctor and hospital visits, regular check-ups, mental health services, counseling sessions, prescriptions and medical supplies. For some, it covers dental and vision services. Most people who have New Mexico Medicaid will get their services through Centennial Care. This is the NM Medicaid Managed Care program.



Behavioral Health and Substance Abuse Services can be used by anyone who has Medicaid. There is other help that any state resident can use. It is help over the phone. There is the NM Crisis and Access Line. It runs 24 hours per day. The Peer Support Warmline runs from 3:30 to 11:30 p.m. All calls are toll-free and confidential.



Cash Assistance Programs

Temporary Assistance to Needy Families (TANF) gives financial help to parents. It also helps relatives who care for kids.

General Assistance Disability provides cash aid to disabled adults. It is for those who are not eligible for federally matched cash programs like Social Security Income (SSI) or Social Security Disability Income (SSDI).

Child Support Program

The **NM Child Support Program** helps New Mexico parents support their children. It has services that establish parentage, child support and medical support orders. It also helps collect and disburse child support payments. Changes to support orders may be requested when there are substantial changes in circumstances, such as a parent's financial situation. All requests do not guarantee a modification will be granted.



Contact Us or Apply for Benefits

- ◆ **Contact Child Support** by calling **1-800-288-7207**
- ◆ For all other benefits, call **1-800-283-4465** for an office near you
- ◆ **Download a paper application** from our web site: **www.hsd.state.nm.us**
- ◆ Apply on-line at: **www.yes.state.nm.us**

